

JCHS-CQ-01-2021

Pearly White Swelling from the Palatine Tonsil

Mohd Hafiz Hamzah^{1,2}, Nor Shahida Abd Mutalib², Irfan Mohamad¹

1 Department of Otorhinolaryngology-Head & Neck Surgery, School of Medical Sciences, Universiti Sains Malaysia Health Campus, Kelantan, Malaysia

2 Department of Otorhinolaryngology-Head & Neck Surgery, Hospital Sultan Abdul Halim, Kedah, Malaysia

Case Presentation

A 21-year-old lady presented to the outpatient clinic with a complaint of foreign body sensation in the throat for three-month duration. She already noticed the small lump on her left tonsil for the past one year, whenever she looked into her mouth through a mirror. She was otherwise asymptomatic. She had history of recurrent tonsillitis during her secondary school period. There was no dysphagia, odynophagia, blood stained saliva, snoring or noisy breathing. There was no neck swelling and no history of foreign body ingestion prior to the onset of tonsil swelling. Otherwise, she has no constitutional symptoms. She is a non-smoker and no family history of malignancy. Examination showed bilateral grade 1 tonsils. There was a pearly white mass measuring 1 cm x 1 cm present at the upper pole of the left tonsil.



Figure 1

Questions:

- Q1: State the clinical diagnosis.
- Q2: What can be the symptoms?
- Q3: Outline the management.